



Growing Together For Success

ASHGROVE SCHOOL

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21st May 2018

Kia Ora Year 6 Whanau

Year 6 Safe Cycling Unit

In Week 7, 8 and 9 of this term we will be holding our annual 'Safe Cycling' unit for all Year 6 ākonga in the Mahuri Team. This is a practical unit that aims to equip our ākonga to safely use the roads and their bikes through guided sessions within the school grounds then on the roads under adult supervision. We are lucky to be a part of the Waimakariri District Council Cycle Skills pilot programme. This will replace our safe cycling programme we traditionally do in Term 4 for this year.

Each ākonga will need a bike and helmet for the duration of the unit. Please ensure, to the best of your ability that the bike they are going to use is roadworthy (stunt pegs etc removed) - we will do a safety check of these items on the during the in-class lessons in the programme to ensure they are suitable for the activities that will follow. Helmets must be the correct size and fitted to your child. Please see your kaiako if you need to borrow a bike or helmet.

The Year 6 ākonga will be in organised 3 groups.

Please ensure that children come to school with suitable clothing for the weather. If it rains and it is unsuitable for the children to go out on their cycles, the remaining sessions will be rescheduled at a suitable later date, if possible.

	Time	Group	Grade		Time	Group	Grade
June Friday 15th	9.00 - 10.30 10.50 - 11.50	1 1	1A: Intro - inside 1B: Cycling on courts	Thursday 21st	9.00 - 10.30 10.50 - 11.50	1 1	2C: On road teaching 2D/E: On road teaching
Monday 18th	9.00 - 10.30 10.50 - 11.50 12.30 - 1.30 1.50 - 2.45	2 2 2 2	1A: Intro - inside 1B: Cycling on courts 1B: cont 2A: Road rules - inside	Friday 22nd	9.00 - 10.30 10.50 - 11.50	3 3	1A: Intro - inside 1B: Cycling on courts
Tuesday 19th	9.00 - 10.30 10.50 - 11.50	1 1	2A: Road rules - inside 2B: On road teaching	Monday 25th	9.00 - 10.30 10.50 - 11.50 12.30 - 1.30 1.50 - 2.45	3 3 3 3	2A: Road rules - inside 2B: On road teaching 2C: On road teaching 2D/E: On road teaching
Wednesday 20th	9.00 - 10.30 10.50 - 11.50 12.30 - 1.30 1.50 - 2.45	2 2 2 2	2B: On road teaching 2C: On road teaching 2D: On road teaching 2E: On road teaching				

Please read the attached information and complete and return permission slip below to your taimaiti's kaiako by **Friday 1st June**

Ngā mihi nui

Fiona Bester and Shallie Doney

Dear Parents/Caregivers

Your child has the opportunity to participate in the Christchurch City Council "Cycle Safe" education programme on the following dates

_____ Parental permission is required and a return slip is attached.

Grade 1A
Theory
and
practical

- Helmet fitting and clothing for cycling
- Cycle parts and maintenance
- Cycle and helmet safety check

Grade 2D
Practical
on road
training

- Right Turns – Into and out of T and Cross Intersections

Grade 1B
Practical

- Starting a journey (Kerb Ride Out)
- Finishing a journey (Stop and Dismount)
- Look behind skills (balanced and in a straight line)
- Left/right signal and turn (balanced and in a straight line)

Grade 2E
Practical
on road
training

- Group ride including Give Way signs, Stop signs, traffic signals and roundabouts, if available within school area.

Grade 2A
Theory
and
practical

- Give Way Rules, Traffic Lights, Road Signs
- Using gears and emergency stopping

Important Notes

- Your child's cycle and helmet will be checked for safety before it can be used. If it is not safe or your child does not own one, Cycle Safe supplies 10 bikes & 15 helmets to use on the programme.
- To see what we check visit: <http://www.tfc.govt.nz/cycling>
- Cycles and helmets are required for ALL sessions.
- Appropriate clothing and footwear must be worn.
- Progression to Grade 2 on road sessions is dependent on meeting the required standard of Grade 1 sessions.

Grade 2B
Practical
on road
training

- Correct on road riding position
- Riding past an intersection and parked cars

Grade 2C
Practical
on road
training

- Left Turns – Into and out of T and Cross Intersections

To The Principal,

I have read and understand the attached information about my child's participation in the Cycle Safe Programme.

I do/do not give permission for my child _____ to participate in the Cycle Safe Programme.

Name _____ Sign _____