



ASHGROVE SCHOOL

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1st June 2018

TIPU SWIMMING LESSONS

Dear Parents/Caregivers,

Starting on Friday, 3rd August (Week 2, Term 3), Tipu students will be taking part in swimming lessons at Dudley Pool. They will receive lessons on a Friday of each week, and one on Tuesday 25th September (ten in total) until the end of the term Friday 28th September.

On these days the children will need to bring a healthy snack, a drink, togs, towel, goggles (if required) and any medication the children may need while participating. Please ensure all gear is clearly named in a suitable swimming bag.

Swimming and Bus Schedule

10.50	Tipu 1 leaves on bus for lesson at Dudley Pool (11.15-11.40)
10.20	Tipu 2 leaves on bus for lesson at Dudley Pool (11.45-12.10)
11:50	Tipu 3 leaves on bus for lesson at Dudley Pool (12.15-12.40)
12.00	Tipu 1 returns to school on bus
12:35	Tipu 4 leaves on bus for lesson at Dudley Pool (1.00-1.25)
12.50	Tipu 2 returns to school on bus
1.05	Tipu 5 leave on bus for lesson at Dudley Pool (1.30-1.55)
1.15	Tipu 3 returns to school on bus
1.35	Tipu 6 leaves on bus for lesson at Dudley Pool (2.00-2.25)
1.50	Tipu 5 returns to school on bus
2.40	Tipu 6 returns to school on bus

Please indicate your child's swimming level via kindo (use the following guide as a reference) on or before **Monday 11th June** as we have to notify the pool of the children's current levels. Swimming instruction and transport is \$16 and can be paid via Kindo by **Monday 30th July** please. This activity is heavily subsidised by Mainpower.

Kind regards,

Leona Starkey, Abby Washington, Bridget du Plessis, Sinead Davidson, Fiona St John and Janelle Snazelle

Tipu Team

TIPU SWIMMING LESSONS

Swimming Level

- Can your child put their face in the water and float (front and back) without being held or holding on to anything? No - Level 1 Yes - Level 2
- Can your child float on their front and back and do their arm strokes for freestyle and backstroke? No - Level 2 Yes - Level 3
- Can your child take a breath with their arm strokes? No - Level 3 Yes - Level 4
- Can your child breathe on both sides with their freestyle stroke (bi-lateral breathing)? No - Level 4 Yes - Level 5
- Can your child swim 1/2 a length of the lane pool freestyle and swim breaststroke? No - Level 5 Yes - Level 6
- Does your child have good breaststroke kick technique and can swim 1 length freestyle or the lane pool? - No - Level 6 Yes - Level 7
- Can your child swim 2 lengths of the lane pool continuously with good technique of freestyle, backstroke, breaststroke? No-Level 7, Yes-Level 8
- Children above Level 8 are mini-squad level and we separate these into 2 levels of those who can swim 4+ lengths in each stroke and swim butterfly and those who can not.

If your child currently attends, or has attended lessons, at Dudley Park Aquatic Centre, Kaiapoi Aquatic Centre or Oxford Community Pool please refer to their most recent progress report/certificate and record this on kindo.