



ASHGROVE SCHOOL

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21st November 2018

Kia ora Mahuri Parents/ Caregivers,

Year 4 Food for Thought Supermarket Trip _____

Mahuri students are beginning a Health programme on the 3rd of December. The focus for our Year 4's is about helping children learn to make healthy food choices.

On Wednesday December 5th we will be visiting New World and the children will learn about reading food labels and looking at the nutritional information. We require parents to accompany us as we walk to and from New World. The sessions will be:

- Rata 9-10.50am
- Kowhai 10-11.50am

If you are able to help, please indicate on the form below and return to your child's ngahere teacher by Friday November 28th.

Kind Regards,

Angelina Stearn and Andrea Woolford.

Supermarket Visit Permission Slip

I give my son / daughter _____ permission to walk to New World.

I can / can not assist with walking to New World on December 5th

Parent name: _____

Parent signature: _____

Phone number: _____