



Growing Together For Success

ASHGROVE SCHOOL

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Kia ora Tūrepo Whanau,

Tūrepo Keeping Ourselves Safe

During the last three weeks of this term, Tūrepo are taking part in the Keeping Ourselves Safe programme. This programme is centered around helping children and young people learn and apply a range of safety skills that they can use when interacting with others. Students will also a range of safe practices that they can use when interacting with others, what they can do if they have been or are being abused, what happens when abuse is reported.

Keeping Ourselves Safe will be taught in homeroom classes alongside Constable Ken Terry. The programme is taught through six focus areas:

Keeping one step ahead

Students learn to take care of themselves in a range of social settings. They learn what the dangers are, who could get hurt and what they can do to keep themselves safe

I'm responsible for others, too

Students learn to be responsible for the safety of others by means of scenarios involving the care of siblings and a dependent grandparent, and a peer's need for support when being bullied.

Finding out about abuse (with Constable Ken Terry)

Students need to be aware of what constitutes abuse so that they can recognise if they are being abused and know how to create a safe classroom.

Families working together (with Constable Ken Terry)

Sometimes abuse occurs within the family. Children are particularly vulnerable. Students discuss family discipline and stress. They learn that they should feel safe, cared for and protected within their family.

Reporting abuse

When abuse is reported, the abuser is stopped and the healing process can begin for the victim. Students learn why it is important to report abuse and to know who, and how, to tell.

What happens now?

Through a discussion session with a panel of child protection personnel students learn about the process that takes place when abuse is reported.

If you have any questions about the programme please feel free to come and see your child's homeroom teacher or alternatively visit the [NZ Police](http://www.nzpolice.govt.nz) website.

Ngā mihi nui
Jo Keane
Tūrepo Team Leader / Deputy Principal