



Growing Together For Success

ASHGROVE SCHOOL

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12th September 2019

TŪREPO SWIMMING LESSONS

Dear Parents / Caregivers

Starting on Monday 14th October, Tūrepo students will be taking part in swimming lessons at Dudley Pool. They will receive 10 lessons on the following dates:

- Week 1 - Monday 14th October, Thursday 17th October and Friday 18th October
- Week 2 - Monday 21st October, Thursday 24th October and Friday 25th October
- Week 3 - Thursday 31st October and Friday 1st November
- Week 4 - Thursday 7th November and Friday 8th November

On these days the children will need to bring a healthy snack, a drink, togs, towel and goggles. Please ensure all gear is clearly named in a suitable swimming bag that is large enough to hold all your child's uniform and shoes while swimming.

Swimming Schedule

- 11:30am** Tūrepo 1 (Mr Seaton) leaves on the bus for lesson at Dudley Pool (12:00pm – 12:30pm)
- 12:00pm** Tūrepo 5 (Mrs McGregor) leaves on the bus for lesson at Dudley Pool (12:30pm-1:00pm)
- 12:30pm** Tūrepo 2 (Mrs West) leaves on the bus for lesson at Dudley Pool (1:00pm – 1:30pm)
- 12:45pm** Tūrepo 1 returns to school on the bus
- 1:00pm** Tūrepo 3 (Mr Jenkins)) leaves on the bus for lesson at Dudley Pool (1:30pm – 2:00pm)
- 1:15pm** Tūrepo 5 returns to school on the bus
- 1:30pm** Tūrepo 4 (Mrs Cherry) leaves on the bus for lesson at Dudley Pool (2:00pm – 2:30pm)
- 1:45pm** Tūrepo 2 returns to school on the bus
- 2:15pm** Tūrepo 3 returns to school on the bus
- 2:45pm** Tūrepo 4 returns to school on bus (arriving at approximately 3:00pm)

All students are expected to take part in this curriculum activity. Every child from Year 2 to Year 8 is generously subsidised \$30 (**a subsidy for parents and caregivers equating to \$12,000.00 annually**) by the North Canterbury Sports and Recreation Trust and Mainpower, for their transport and swimming lessons.

To cover the remaining transport and lesson costs, we are asking for a contribution of \$21 per child. This is now live on Kindo. Receipts for your contributions will be given after swimming commences in term 4.

Please ask your child to return the swimming levels slip to their homeroom teacher by **Friday 20th September** as we have to notify the pool of the students current swimming levels.

Ngā mihi nui

Tūrepo team

TŪREPO SWIMMING LESSON LEVELS CHECKLIST

- Can your child put their face in the water and float (front and back) without being held or holding on to anything? **No - Level 1 Yes - Level 2**
- Can your child float on their front and back and do their arm strokes for freestyle and backstroke? **No - Level 2 Yes - Level 3**
- Can your child breathe with their arm strokes? **No - Level 3 Yes - Level 4**
- Can your child swim 1/2 length of the lane pool and breath on both sides with their stroke (bi-lateral breathing)? **No - Level 4 Yes - Level 5**
- Can your child swim a length of the pool freestyle and swim breaststroke? **No - Level 5 Yes - Level 6**
- Does your child have good breaststroke technique with the timing of pull, kick and glide and can swim 2 lengths freestyle? **No - Level 6 Yes - Level 7**
- Children above Level 6 are mini-squad level and we separate these into 2 levels of those who can swim 4+ lengths in each stroke and swim butterfly and those who cannot



TŪREPO SWIMMING

Please ask your child to return this slip to their homeroom teacher by **Friday 20th September**

Child's name: _____ Homeroom: _____

Swimming level: _____

I have made the \$21.00 contribution via Kindo

Parent / Caregiver signed: _____